

2019 Seattle Fall Hammer Series #3 9/29/19

West Seattle, WA USATF sanctioned meet

High School Hammer 12lbs. Boys

1.Henry Erickson 16 4/26/03 Snohomish HS junior 45.65 150' 1"

1.Jayden White 17 12/20/01 Everett HS senior 55.25m 181' 3"

High School weight 25lbs boys

1.Henry Erickson 15.99m 52' 5 ½"

1.Hayden White 19.17m 62' 10 ½"

Open/Masters Hammer

Open Men 16lb

1.Jayden White 49.48" 162' 4" PR

2.Henry Erickson 34.89m 114' 5"

Masters Men 5k

Dave McDonald 08/03/54 65 Maple Ridge BC Canada 34.11m 111' 11"

Open/Masters weight

Masters men 25lb.

1.Dave McDonald 08/03/54 65 Maple Ridge BC Canada 14.14m 46' 4' ½"

Open men 35lb.

1.Jayden White 15.35m 50' 4 ½" PR

2.Henry Erickson 10.83m 35' 6 ½"

Masters Super weight 44lb.

Dave McDonald 6.48m 21' 3"

George Mathews 9/29/19